

## Poems By Richard 8

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These poems are meant to be pondered over.

There is a message contained in each one.

There is a riddle to be solved.

I hope they may contain meanings for your life.



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Fletcher Soul Travelers

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## The Piano Prodigy

Why does someone who is young walk up to a grand piano and start playing?

Where did that talent come from?

You and I couldn't do it.

I have yet to learn how to play the piano.

For the piano prodigy does it exist inside of his DNA?

Can we truly discover talents from the past?

In quantum energy, there is no past, present or future.

There is no times and space.

Can a person bring the talents of the past and future into the now?

Wouldn't that be something?

Is there a talent that you have that is laying dormant inside?

All it takes for you is to go within and discover.

You are a man of many mysteries.

It just waiting for you to discover your true essence.

## Your True Nature

Your true nature is kind.

You are the sun, moon, and stars.

Your true nature is love.

You are eternal.

You have great patience.

After all, it took a long time to help create the earth.

You will always be.

Your true nature can never die.

You are one with God.

Why are you telling me this?

It simply can't be true.

Yet it is.

Discover your true nature.

You can solve this puzzle.

## Face Your Fears

Face your fears.

Don't walk away from them.

Don't hide from them.

Yours fears will lead you to God.

The light shines into the darkness.

Darkness will be dispelled.

Yet your fears will come up.

Face your fears within.

When you do this your light will become brighter.

You have conquered a little more of your fears.

Imagine your fears can be used as a vehicle in this game of life.

You are learning each and every moment.

Face your monsters within.

You will be glad you did.

You can solve this puzzle.

## We Are The Transformers

We are the transformers.

We are discovering the light inside and dispelling the darkness inside.

We are dropping old negative energies.

Who needs them anyway?

This planet has been through some much hardship.

Be kind.

This is a major transformation.

Be respectful of all genders.

Don't be macho.

Your ego is getting inflated.

Discover your true nature.

Become a balanced human being.

You have nothing to prove.

The sun just shines in the sky.

It doesn't say hey look at me.

We are the transformers.

Would you like to join us?

You can solve this puzzle.

## Beauty And The Beast

Did you know you had a beast inside?

Your fears are the making of your inner beast.

Man is afraid of going inside.

Yet if you paid attention to your inner beauty over time you will dissolve the beast  
within.

There are some tricks to the trade.

First off don't hide from your fears.

Face them in your life.

The more you face them the more you will discover your true beauty.

It's a beautiful circle.

You are refining yourself in each and every moment.

You are creating a beautiful sculpture.

God is rooting for us.

You have free choice.

## When I'm 64

Today on Christmas Eve I turned 64.

This is an incredible journey.

What great memories I have?

This life is precious.

The more you pay attention inside the more celebration we create.

We were meant to celebrate life and be happy.

We aren't over the hill.

The journey is just starting.

If we thought we had fun in the past just wait today is a brand new day to create  
peace.

My birthday wish is for mankind to wake up.

Then we can really celebrate.

## Castle In The Sky

There is a great castle in the sky.

The castles don't have any foundation.

It is made of pure white light.

A blind man sees this castle and see his room in the mansion.

It is prepared for him.

A deaf man listens to sweet music laying on his bed.

The music is played without any instruments.

A lame man climbs the ladder of life and reaches the castle.

These mysteries are solvable.

You can figure out this puzzle by diving within your heart.

## Kindness

God's nature is kindness.

God does not hurt us.

He does not judge us.

He does not condone us.

God is kind.

Think that over.

God is kind.

The next time you put your 5 bucks into the offering basket.

Think God is kind.

If you can master anything in your life.

Master kindness.

Your friends and family will love you for it.

The world will rejoice in this.

## Today Is A Golden Opportunity

Today is a golden opportunity.

You are alive.

What could be more precious than that?

The universe is cheering you along.

This journey of life is marvelous.

It has its up and downs.

Yet you are never alone.

God has place sign post all around you in this journey.

Pay attention to them.

The more you journey within the more you see these sign posts.

These sign post can save you from a lot of grief.

You can never go the wrong way in life.

But it may take your to things you may not like.

Today is a golden opportunity.

## Sit Still And Listen

Sit still and listen.

How many times are you going to say that?

Sit still and listen.

Each time I try my mind is rambling.

No one said it was easy.

Sit still and listen.

Hey, I finally got a glimpse of peace.

Sit still and listen.

There is peace inside.

Sit still and listen.

Wow, the whole world needs to experience this.

Sit still and listen.

## Silence

For the majority of mankind, silence can be deafening.

All they can hear is the chattering of the mind.

Silence can make some people go crazy.

Yet silence is divine.

How can it be so?

For one person its medicine to the soul.

To another, it drives them crazy.

What is the difference?

When a person begins to learn about silence he is training himself.

Maybe he has heard about sign post along the way.

He sees the rambling of the mind and makes friends with it.

Are you friends with your mind?

That is highly recommended on this journey of life.

Make friends with your mind.

Be kind.

There is a point where you will love silence.

The entire universe is alive.

## How Do I Meditate?

How do I meditate?

There are so many different versions out there.

Which one do I choose?

Will I pick up the right one?

Let's start with the foundation.

Are you breathing?

Yes.

What is the power behind your breath?

I don't know.

Focus on your breath in each and every moment.

When you wonder bring your attention back to your breath.

Do this for the rest of your life.

This is one way to go inside.

Remember the kingdom of heaven lies within.

This is the way to open the door inside of your heart.

## If I Could Recommend One Thing

If I could recommend one thing what would it be?

Discover who you truly are.

You are the universe and just don't know it.

How about that?

You have forgotten your true nature.

What is keeping you alive?

Before you were born you were one with the universe.

When you die you will return to the universe.

We have forgotten who we truly are.

If I could recommend one thing it would be this wish.

## Man Biggest Obstacle

What is man's biggest obstacle?

His ego.

It is swelled with pride.

Man is puffed up like a peacock.

He thinks that's healthy.

He talks nonsense along the way.

Most wars have started because of man ego.

I'm going to teach you a lesson you will never forget.

Where has man's ego taken us?

Into the grave.

Now I'm not saying all ego is bad.

We need ego to be alive.

Kindness is a way to put our ego into check.

Kindness will not boast and puff up like a peacock.

Kindness makes the universe go around.

Be kind and solve this riddle.

## The Mind Is A Powerful Thing

The mind is a powerful thing.

Day by day we create our own reality through the mind.

We can create heaven or hell.

It's our own choice.

God did not create hell.

It only exists as a state of mind.

You are powerful

Watch your words moment by moment.

You have a genie and it's your mind.

Whatever you say it will manifest.

If you are angry with this life I can almost guarantee that you will be angry in the future.

If you change your way of thinking your anger will dissolve in time.

You can master yourself.

This is the reason why you are alive.

## Help Is There

Did you know that help is all around?

You have been hardwired to know God.

97% of your DNA comes from God.

The entire universe is rooting you on.

The planet earth knows who you are.

You have a lot of knowledge to learn from GAIA.

You have the guides within.

You have a part of you that is one with God and the universe.

There is so much internal and external help.

You are never alone.

God is your coach.

What better coach is there?

Help is all around you.

Open up your heart.

Help is there.

You can solve this puzzle.

## The Greatest Gift Of All

What is the greatest gift of all?

Is it a million dollars?

How about a brand new car?

How about a mansion?

Or a trip around the world.

These are great gifts to have.

Yet I feel the greatest gift of all is to discover your true nature.

Who are you?

This is the greatest gift you can have.

Ponder this in your mind.

You can solve this puzzle.

## It Takes Time For A Seed To Grow

It takes time for a seed to grow.

Imagine the earth was created a long time ago.

Way, before we came along the seeds of humanity, were planted in the ground.

A farmer is wise enough and patient enough to grow his crops.

He knows that there is a great cycle.

When you plant the seeds in your heart be patient.

Everything takes time.

Day by day take out the weeds that come into your crop.

Don't let the weeds get too big.

Water with love daily.

Be kind.

Develop patience and tolerance.

Have compassion for others.

Someday the world will rejoice in the fruit of your efforts.

## Perfect Timing

When you take off on a huge wave it takes perfect timing.

If you are off a little on your timing consequence will take place.

Everything we do takes timing.

I have created software that has been ahead of its time.

I even had awards because of that.

Yet the timing was off.

Nobody was interested.

Today searching for a house is so common on the internet.

A person who is truly engaged in discovering his true nature learns the following.

Learn to be in the now.

Beyond time and space.

As much as you can try to be in a quantum space.

All the past, present and future are fused together in the newness of life.

This state will bring you perfect timing.

You will be at the perfect place at the perfect time.

This is our true nature.

## Paradise

I lived in Hawaii for 6 years.

You would think that every moment you were in paradise.

I was a surfer and surfed every day.

Yet at times I made trouble in paradise.

Not every day was paradise.

We create our own states of mind.

You can be in paradise yet the mind can create problems for us.

There can be obstacles on the way.

I have learned that Kansas can be a paradise.

It's a state of mind.

There are no waves here.

But I found to enjoy the waves that come my way.

I've learned to balance my life.

It makes life much more precious.

Merry Christmas

Merry Christmas!!!

Today we celebrate the birth of a great master.

During his days on earth, he helped humanity to discover the God within.

The kingdom of heaven lies within.

He showed the way.

He was a perfect example of his father.

He exemplifies Love, Peace, Tolerance and Compassion.

He showed the way to discover these gifts inside of us.

His body may have left us over 2000 years ago.

His spirit is a part of us.

It never left us.

Look into your heart to solve this riddle.

## The Prince Of Peace

There have been many great masters walking the earth.

They were called the Prince of Peace.

They stood up for peace and radiated peace.

In fact, they were one with peace.

They didn't have anything to hide.

Their egos were subdued.

These masters didn't judge us or condemn us.

They simply said the kingdom lies within.

This is your true home.

You are the universe.

You have simply forgotten your true nature.

## Flow With The River Of Life

Flow with the river of life.

Don't try to swim upstream.

You will waste a lot of energy that way.

You will get frustrated and tired.

Build yourself a raft.

Make sure that you also build a rudder.

This will allow you to control where you want your raft to go.

If you simply build a raft without a rudder you will have no control.

The raft will go where the currents go.

Flow with this life.

Yet with your inner rudder guide your raft to capture your dreams.

In order to accomplish your dreams, it takes your raft and you using the rudder to get there.

## Manifest Your Dreams

How to manifest your dreams?

Humanity prays to God to answer our dreams.

Before you even pray God knows your dream.

Many people pray yet they never take any action.

Many people pray and take action immediately.

The timing may be off and they get frustrated.

How do we manifest our dreams?

Maybe we need to pray and be in a state of absolute peace.

By being peaceful our intuition will be in sync with our true nature.

It will guide us to put our foot on the gas and put our foot on the brakes.

All dreams take time.

Some may be days while some may take years.

I have found out that dreams do come true.

Many times what your dream for God gives you something you never thought about.

## The Mirror

What face did you have before you were born?

You were the universe.

Now isn't that incredible.

We come into this world and over time we forget our true nature.

Over time our inner mirror gets dusty.

There is a point in time we even forget we had a great mirror.

All the great masters have said the kingdom of heaven is within.

When you first look within it takes time to see a glimpse of light.

You must polish the mirror daily.

It takes patience and effort to clean this mirror.

Over time the light becomes a part of you.

You begin to radiate peace.

No words are needed for you to share with your co-workers.

You don't need to convince anybody.

The mirror inside becomes alive.

You simply shine like the sun in the sky.

## You And I Are One

You and I are one.

Yet we think that can't be so.

For eons, man has fought with one another because of our difference.

My religion is better than yours.

I'm going to heaven while you are going to hell.

It's either my way or the highway.

The great masters taught about the oneness of life.

They even showed us the way.

Peace on earth will happen when we all discover our oneness.

## Never Put Off Tomorrow What You Can Do Today

Never put off tomorrow what you can do today.

Tomorrow may never come.

Someday it won't, the day we die.

We have a tendency to put things off.

We cram the night before for a huge exam.

We put off paying our bills.

Tomorrow I can play with my kids.

The kids are getting older and still you are saying the same thing.

Take a look at things you are postponing.

Is it worth it?

You didn't come to this planet to only work.

Play daily with your children while you have a chance.

## Life Teaches Us Lessons

No matter who you are or you age life teaches us lessons.

Every step of the way we learn or we don't.

Nobody gets a free ride.

The lessons are custom made for us.

They are made to make us strong and yet humble.

It's like learning to play the guitar of life.

The strings can't be high-strung or too loose.

Each and every moment we are learning how to respond to events around us.

The masters taught us to stop, look and listen.

Before you speak a word what are you doing?

You can master the words that come out of your mouth.

Most people, unfortunately, don't have a clue.

They just say what comes to their minds.

## Know It All

Many people think that the person writing this is a know it all.

How further from the truth that is?

We are always growing and learning.

There will never be a time where we can clap our hands and say yep I'm done learning.

We are always learning.

Even when we die the journey of learning will never end.

This is a grand adventure.

For eternity we are on this journey of knowing and discovering.

This is the mystery of life.

To go back to the know it all.

We are all learning to deflate our egos.

It took time to inflate them and it takes time to deflate them.

We are not perfect.

We stumble and fall.

We are simply trying to give help on the way.

## Paddle Out

When I was young I paddled out on a huge day.

You always had a little fear inside.

The ocean is alive.

At times you are almost to the lineup.

A huge set appears in the sky.

Before you know it the white water throws you underneath the water.

You are thrown around like the clothes in a washing machine.

Eventually, you come up.

Your board is washed to the shore.

You go again and try again.

You finally make it out.

The wave of the day comes through.

You ride it with pure delight.

You have overcome your fear for today.

## The Drug Within

In our western world, the majority of people take drugs.

In order for a drug to be classified as a drug, it must have side effects.

Have you seen what some are?

This could cause cancer or cause you to die.

Yet we sell this drug.

Many people take illegal drugs to combat life.

They want to escape life.

Unfortunately day by day their doses need to be increased.

Some eventually die of drug use.

It's a huge epidemic today.

The masters have taught there is a drug within.

It has no side effect except love.

It is beneficial and will show you your true nature.

It is not an escape valve.

It will allow you to live your daily life moment by moment.

## Take Care Of Your Body

Take care of your body.

It's the only one you get.

Your body is a temple of God.

God is hidden inside of you.

Look at what you eat.

The junk food industry is only interested in your money.

Stop drinking sodas every day.

You may like them but your body can't cope with it.

Overtime illness and disease will come.

Many people treat their cars with more respect.

They never forget an oil change.

It's time for a tune up.

We need to do the same.

Your body is precious.

Know why you are alive.

## Your True Friends

Did you know your body is your friend?

Treat your body with respect.

Did you know your mind is your friend?

Treat your mind with respect.

Did you know that your emotions are your friend?

Treat your emotions with respect.

Did you know your soul is your friend?

Treat your soul with respect.

Your true friends are always with you.

Treat them with respect.

## Balance The Ego

For thousands of years, western man's ego has been totally out of control.

The ego should be balanced between masculine and feminine.

Unfortunately, the masculine has been dominated this planet.

Wars have been fought all over the world.

Man likes to conquer.

If each male would balance themselves with Love, patience, tolerance, and compassion.

This world would be in a better place.

These are some of the qualities of the female ego.

We should have the mixture of the two.

In reality, God is not male or female.

Yet on this earth, we have the duality.

Man has been taught not to express feminine qualities.

The world we live in is the examples of man not being in balance.

We need to solve this puzzle.

## Tolerance

Did you know God doesn't get involved in politics?

It's way too messy.

Both sides need to be tolerant of one another.

During the Presidential campaign, it was way out of control.

A huge emotional battle occurred.

Even after the election occurred the battle is still going on.

It seems like man can't control his emotions.

The ugliness of man came out.

How could a dear friend of mine call the President a prick?

We have created a great monster.

Only by using tolerance can we destroy this monster.

A person who is tolerant sees both sides of the story.

He will never degrade you.

He will never lie to you.

Even if he complexly disagrees with your principles he will not demean you.

Be kind to your fellow man.

Be tolerant of one another.

This world needs it.

## Mothers

At times I think newborn Mothers should be the dominant force in ruling us.

Imagine a new born mother will never want her infant to go to war.

She would say war is obsolete.

Let's find a better way to solve this problem.

A mother has the best interest to educate the children.

She doesn't want anyone to go hungry.

Both sides of the parties wouldn't fight one another.

Mothers know how to compromise.

They have the best interest in mind.

They would have term limits so nobody would get too greedy in power.

We have seen what happens today without term limits.

A mother would have patience, tolerance, compassion and love.

These are the qualities which are needed by the rulers today.

We do not need rulers who have no respect for one another.

We don't need rulers who mock those who disagree with you.

We don't need rulers who say I could shoot someone on the street and they would still vote for me.

We need to change.

I like my solution.

## Good Deeds

Last night I watched the evening news on Christmas day.  
The news for the day was man doing good deeds for one another.  
No shooting or murder was shown.  
Just simple acts of kindness.  
Just one human being helping out another.  
We need to see this more on TV.  
I know violence sells.  
Yet this goes beyond the money.  
Let's create hope in the news.  
Let's change the channel of violence to a channel of good deeds.  
Imagine if every night we would watch good news.  
How much would our attitude of the world change?  
Random acts of kindness to our fellow man.  
A simple smile to someone who is sad.  
Helping an elderly person crossing the street.  
If we all performed good deeds with one another this world would change.  
There would be peace on earth.

## Is Our Life On Remote Control?

Is our life on remote control?

We are so driven and distracted by our devices.

We can't live without our cell phones.

People have died from texting.

It is really worth that message you texted while you died so young.

We have completely forgotten our true nature.

Ok, so Facebook is cool.

But living your life moment by moment is really cool.

You are the universe.

Yet your life is on remote control.

What could be sadder?

You can solve this puzzle.

## Life's Challenges

We all have challenges in life.

They are meant for us to become strong.

Remember this is a game of life.

We came here to learn and overcome life's challenges.

Because it is a game God is our coach.

He will not play the game for us.

You alone are the central player.

God is on the sidelines.

You may say if God is on the sidelines I have never seen him.

Maybe you are looking in the wrong place.

The great masters have said to look inside your heart.

There lies your greatest coach.

Oh, you will still have challenges in life.

But your perception of them will be different.

That mountain will now appear to be a mole hole,

Oh, I can master this challenge.

Learn how to embrace life's challenges.

Learn to solve this puzzle.

## Solve This Puzzle Of Life

Solve this puzzle of life.

These precious words.

Well, they are precious to me.

These sayings have many riddles and pieces of the puzzle to solve.

They are meant to put salt into your food.

They are meant to create a thirst to discover your true nature.

You are the universe.

You just don't know it.

Your nature is kind.

You are eternal.

You have always existed.

Yet we are alone.

At times we feel helpless.

Well, help is on the way.

Here's a toast for you to dive into your heart to discover your true nature.

You can solve this riddle.

## Even Lao Tzu Walked Away

We think we have political problems today.  
Well in China many moons ago Lao Tzu walked away.  
China had the same problems we did.  
Man lost the way.  
Man wouldn't listen to the great masters.  
So eventually Lao Tzu walked away.  
He was stopped in the forest near the border.  
The monks knew that he was going away.  
They pleaded for him to give some final wisdom.  
The Tao Te Ching was born.  
This precious book is still alive today  
We think we know ourselves.  
I'm John or Susie.  
Yet we are so much more.  
Only you can find your true nature.

## Convert

On this journey of life there is no conversion.

There is nothing to convert to.

You are the universe.

You just don't know it.

You can't convert to your true nature.

You can discover it.

That's quite a difference.

Nobody is trying to have control over you.

You want to have control over yourself.

Another big difference.

God doesn't convert.

God simply is.

Dive into the silence to discover this riddle.

## God Is Not Fanatical

Did you know that God is not fanatical?

God is practical.

Where did we get it in our minds that we need to be fanatical to find God?

Unfortunately, we were taught this.

Once upon a time, I was a fanatic.

I couldn't see the forest for the trees.

Over time I learned to be practical and balanced in all ways.

Chop Wood Carry Water is the way to discover your true essence.

You must live in this world.

Do your duties.

In the midst of all discover your true nature.

Being fanatical about anything means you are out of balance.

Even being fanatical about God.

Look at the world today so many people are murdered because of people who are fanatics.

God wants us to discover our true nature.

Only by being balance may you solve this riddle.

## We Are Not Sinners

We are not sinners.

How can you be a sinner when you are the universe?

The universe is not a sinner.

Yes, we make mistakes.

This is the game of life.

There are lessons to learn on the way.

That's why we are here.

We are here to master ourselves.

God wants us to solve our puzzle of life.

God wants us to discover our true nature.

One of the greatest masters was the Christ.

He said the kingdom of heaven is within.

You can solve this puzzle.

You can be a partner with God.

## Is Life Like A Race Car?

Is life like a race car?

Can you drive like a master driver?

Speed up and slow down.

This situation needs me to put on my brakes to contemplate where I'm going.

I need to turn left.

Now I need to turn right.

We need to be in harmony with the car and the road of life ahead of us.

At times we will get a flat tire.

The road crew will fix it for us.

God is on the sidelines rooting for us.

Unfortunately, our car is sitting in the garage getting dusty.

We need to open the garage door within and take the car for a spin.

Do that day by day and will you discover your true nature.

We were meant to soar.

## Hide And Seek

When I was young we loved to play hide and seek.

We would play the game for hours.

For eons, man has played this game with God.

We search the four corners of the world.

Where are you?

We search near and far.

We know something is missing in our life.

We can't quite figure it out.

Somehow we know we are something greater than what we know.

The great masters have said seek God within you.

This is life's greatest mysteries.

He has always been hiding there waiting for you do discover him.

Olly olly in come free.

You can solve this puzzle.

## Paradox

Isn't it a paradox that before we were born we were one with the universe?

When we die we return to the universe.

We once again return back home.

Yet when we are born we are aware of the oneness and then it slowly starts to disappear.

Over time we forget who we truly are.

We forget our true nature.

We think we are alone.

Isn't that a paradox?

Is this a game?

Well, quite frankly I think it is.

This is the greatest game in the universe.

The universe is rooting us on to find our true essence while we are alive.

It takes a tremendous amount of work and effort.

But each day is an incredible journey.

We are learning to transform ourselves.

We are learning to let love, patience, compassion and tolerance to be truly in our life.

Kindness for all.

The list is endless.

The masters have taught moment by moment be connected to the core of your being.

You can solve this paradox.

## The Door

A door that is open can take you from one room into another.

A door that is locked needs a key to open up the door.

We have been looking for the door to God by focusing outside of ourselves.

The masters have said.

You have a key within.

This key is your intent to open up the door within.

Use your intent and open up the door.

Day by day keep this door open.

The mysteries of life will be shown.

This path takes patience.

This path takes effort.

Yet over time you will discover your true nature.

The universe is alive.

## Your Higher Self

Isn't it amazing that you have a higher self?

Now the higher self is a part of you that is one with the universe.

It is one with God.

It is was and will always be.

It will never die.

So there is a part of you standing on this earth while another part is one with God.

Isn't that amazing?

What's even more amazing 97% of your DNA comes from God.

You have instruction sets to discover the God within.

You are hard wired to discover your true nature.

The ultimate software exists in your DNA.

Isn't that something to get excited about?

You are hard wired to find God.

You were meant to solve this riddle.

## Wisdom

Wisdom is something you gain from life.

Through the ups and downs, we learn to become wiser in the choices we make.

Moment by moment we use discrimination in our actions.

What will happen if I say this?

Is it really helpful or needed this kind of hateful speech?

Wise is the person who monitors his speech.

Wise is the person who monitors his actions.

Wise is the person who overcomes his negative emotions.

Wise is the person who embraces love.

True wisdom is gained.

Nobody gets a free ride.

Each and every moment we can gain wisdom.

You can solve this riddle.

## Harmony

Nature is in harmony.

The entire universe is in harmony.

Yet man is not.

Have we forgotten what harmony is?

Music contains harmony.

Yet are we filled with harmony?

We are lost in our ways.

We spend so much time on our cell phones even while driving.

Now I'm not knocking technology.

But the use of them distracts us from being in harmony.

Our wavelength is always waiting for a new message.

We are never in the now.

We always need some external stimulus.

We think going within is boring.

I don't have time for that.

You don't have time to discover you are the sun, moon, and stars.

No wonder we don't have harmony.

We have lost touch with our body, mind, and soul.

Yet we think everything is ok.

You were meant to solve this riddle.

Only you can be in harmony.

## Distracted

We come into this world knowing we are God.

But we get so distracted.

Over time we even forget our true nature.

We get totally distracted by this world.

Our mind is only focused on the external.

Our mind is constantly distracting us.

It wanders from one thing to another.

Ask someone to meditate and they will say I can't.

My mind is distracted.

I can't focus at all.

My mind is always wondering.

The great masters have said look within.

Day by day you can solve this riddles.

Your mind is your friend.

You just need to know how to focus and overcome your distractions.

## Masters And Students

We are all both masters and students on this journey of life.

When we are young we go to school and we are students.

Over time we graduate and we then become a master.

There is a point of time in our learning the school says you have graduated.

Now on this journey of life, we will always be both a master and student.

We will always learn.

There will never be a point where you can clap your hands and say 'I have mastered everything'.

Every day we are learning.

On this incredible journey, we learn from others.

We learn from the master within us.

The master and student are one and the same.

This may seem to be a paradox.

Pondering this over.

What do you think?

Are we a master, student or both?

## The Breath

The breath is keeping us alive.

How incredible that is.

What is the power that is keeping you alive?

Behind your breath lie the answer.

We take it for granted.

We breathe each and every moment.

For thousands of years, the masters have taught pay attention to your breath.

The secret of the universe lies behind your breath.

The entire universe is alive.

It seems so simple.

It is.

Yet you are too complicated to understand.

Slow down.

Focus on your breath.

Sit still and listen.

You can solve this riddle.

## Enhance Your Life

All these riddles and puzzles are meant for you to ponder.  
These sayings are too hopefully to use to enhance your life.

We aren't here to convince you.

Nothing needs to be convinced.

We aren't here to convert you.

Nothing needs to be converted to.

Let's just say we are putting salt in your food.

Have we created a thirst within?

That is our only goal.

We are here to give you support.

We are here to give you hints along the way.

We simply just love you.

We aren't here to judge you.

You have free choice and we respect that.

We just want to enhance your life.

## Dance With Life

Dance with life.

This life is a grand dance.

The universe is dancing with you.

No matter what happens you have a divine partner inside of you.

Like any dance, it takes time to learn all the moves.

Dance with freedom.

Dance with joy.

Dance with tolerance for others.

Dance with love.

Dance with compassion.

Your divine partner is waiting to dance with you.

You can solve this riddle.

## Discover Your Divine Partner

Discover your divine partner.

You are never alone.

It just might seem that way.

The universe is watching over you.

Your partner inside is the universe waiting to be discovered.

For eons, the great masters have said the kingdom of heaven lies within.

You have the tools to discover this precious diamond.

All it takes for you is to open up your inner door.

There you will discover your divine partner your higher self.

Over time you will discover who you truly are.

## Dust In The Wind

Dust in the wind.

We are all star dust.

We came from the stars.

Does that excite you?

No, I'm on my cell phone driving.

Well, when you have free time ask the following.

We are all star dust.

We are the universe.

This is our true nature.

You can solve this riddle.

## The Road Of Life

The road of life.

This road of life is a grand adventure.

At times the road is flat and we see a mirage in the distance.

We are trying to get to the water, we are thirsty.

But the water disappears before us.

At times the road is curvy.

We are in the mountains.

There are no guard rails around.

It's a dangerous road.

At times we are driving to the beach with friends.

The radio is blaring with surfboards on the roof.

At times we are driving up a huge mountain in low gear.

We are frustrated.

At times we are driving downhill.

Our foot is off the gas pedal, life is great.

At times we run out of gas.

We are tired.

Life isn't an adventure anymore.

We go through some many emotional roller coasters in this life.

Discover your true nature inside.

You will then let go of the drama.

## The Drama Queen

Is the world like a drama queen?

Are we addicted to drama?

We have wars and politicians can hardly wait to start another war.

We have huge sporting events where thousands of people are rooting for their team.

At time fistfights break out in the stands.

Our evening news is all about the latest drama in the news.

Have we as a society become a drama queen?

We love reality TV.

We love the drama of it.

Boy did you see that episode?

That was crazy.

Our mind loves drama.

It doesn't know anything different.

You want peace and your mind wants drama.

The wise man says think this over.

How do I acquire peace inside?

That is the first step.

## Hungry For The Kill

Are our politicians who send innocent men to war hungry for the kill?

Why would you send innocent ones to die on a battlefield?

You are not doing your job.

You are paid to be diplomats.

There is a way to solve this issue.

You gave up and said this s the only solution.

Is there a part of you that takes responsibility for your actions?

How do you sleep at night?

Are you a career politician?

I'm only interested in getting elected.

I have no concerns for my fellow man.

I'm the best leader.

I will slander my opponent.

We need to change.

Leaders must truly lead without selfish interests.

Let's change the system.

## Angels Falling From Heaven

We are all angels falling from heaven.

Before we were born we were Angels.

Every single one of us.

Over time we lost our true nature.

We become bitter with life.

There is no gravity.

The world sucks.

This is our motto.

Our true nature is to soar in life.

We were meant to fly.

How did we go astray?

How did we forget our true nature?

Angels falling from heaven.

You can solve this riddle.

## Laughter

When you laugh the universe is laughing.

Laughter is the energy of joy.

It ripples throughout the universe.

Have you seen that even if you are sad laughter will take your sadness away?

Laughter is God's way to say I'm always with you.

You are never alone.

When you laugh you become alive.

You start to wake up.

Who am I?

We go through such human drama.

Laughter is the medicine to help heal us.

No wonder we love comics.

They can tell you things you would never say to one another.

By doing that it makes us laugh.

God is the greatest comic alive.

He just says know why you are alive.

That is the greatest punch line.

## The Greatest Show On Earth

Is this life the greatest show on earth?

Is this life a circus?

Are we going around in circles?

As PT Barnum said a sucker is born every moment.

It seems that man has been in a rut for a very long time.

It seems to be so long that many think we will blow this circus apart.

I don't think so.

Peace will be on this earth.

The greatest show on earth is taking place.

We as a whole want peace.

The light is shining.

The light will dispel the darkness of man.

Discover who you truly are.

You will then solve this riddle.

## Riddles

This life is a riddle.

You are alive to solve the riddle of life.

Who am I?

Many different riddles have been presented to you.

Have you seen anything in common?

All the riddles point to going within.

The answers don't exist outside of you.

The answers are hidden within.

They have always been there.

You have been looking in the wrong places.

All the great masters have said the same thing.

The kingdom of heaven lies within.

If there is a hint to solve the riddle of life there it is.

Remember only you can solve this riddle.

Nobody can do it for you.

You can solve this riddle.

## Plug Into The Source

You are the universe.

You have simply forgotten.

We are all looking for the source of life.

We are looking in the wrong places.

We look outside for the source of life.

It will never be found that way.

Know that's the truth.

All the great masters have said the same thing.

Imagine you have a computer and it's not plugged in.

Will your computer run?

No, it must be connected to the source.

Plug it in.

Turn on the computer.

Hey, it's up and running.

Now take your awareness within.

With your intent plug yourself into the source of life.

Turn on the switch.

Over time with practice, you will understand.

## The Enlightened One

Buddha was the enlightened one.

He showed us the way.

He was a prince who left his palace.

He would be considered a billionaire today.

Yet why did he leave his riches behind?

Why did he leave his family behind?

In this present age, you can keep your riches.

You can keep your family.

But in order to be enlightened, you must leave all of your negativity behind.

You can't be enlightened with your negative baggage.

As the Dali Lama said kindness is my religion.

Be kind.

At times it's very difficult.

Especially with you adversaries.

Love, patience, tolerance and compassion is the keys.

You must leave all darkness behind.

Buddha became the light.

He became enlightened.

He showed us the way.

## You Are What You Think You Are

You are what you think you are.

I can't do that.

Yep, you can't do that.

I don't have time to discover my true nature.

Yep, you don't have time to discover your true nature.

I can't change.

Yep, you can't change.

Nobody loves you.

Yep nobody loves you.

The world is against me.

Yep, the world is against me.

I'm a loser.

Yep, you are a loser.

You are what you think you are.

Pay attention to your thoughts.

Change your attitude on life.

You can solve this riddle.

